
Week 15

Life is amazing. And then it's awful.

And then it's amazing again.

And in between the amazing and the awful

It is ordinary and mundane and routine.

Breathe in the amazing, hold on through the awful,

And relax and exhale during the ordinary.

That's just living a heartbreaking, soul-healing,

amazing, awful, ordinary life.

And it's breathtakingly beautiful.

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