
Week 7

Promise Yourself...

- to be so strong that nothing can disturb your peace of mind
- to be so positive to talk health, happiness and prosperity to every person you meet
- to look at the sunny side of everything and make your optimism come true
- to be just as enthusiastic about the success of others as you are about your own
- to forget the mistakes of the past and press on to the greater achievements of the future
- to be too peaceful for worry, too noble for anger, too strong for fear and too happy to permit the presence of trouble



